

# Unveiling Untold Realities: A Journey Through Artistic Expression

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## Abstract

This paper embarks on a profound journey into the depths of contemporary existence, traversing the multifaceted realms of art, literature, and music to unearth hidden truths and illuminate the intricacies of the human condition. At its core, it grapples with the stark dissonance between the outward appearances we present to the world and the inner struggles that often remain concealed beneath the surface. In an era marked by unprecedented connectivity and technological advancement, it becomes increasingly evident that despite our interconnectedness, many individuals grapple with profound feelings of isolation and disillusionment. Central to the discourse is an exploration of the pervasive prevalence of depression and existential angst in modern society. With the rapid pace of life and the relentless pursuit of material success, individuals often find themselves overwhelmed by a sense of purposelessness and alienation. This paper delves into the underlying causes of such existential crises, probing the socio-cultural factors that contribute to the erosion of meaning and identity. However, amidst the prevailing darkness, there exists a beacon of hope – the indomitable resilience of the human spirit. Through an in-depth analysis of artistic expressions spanning across disciplines, from the haunting melodies of symphonies to the raw honesty of confessional poetry, this paper uncovers the transformative power of creativity in navigating the tumultuous terrain of existence. Art, in its myriad forms, serves as a mirror to the soul, offering solace and catharsis to those grappling with the complexities of human experience. Moreover, this paper seeks to contextualise the significance of art as a catalyst for social change and collective healing. Through case studies and critical analysis, it elucidates how artistic movements have historically served as catalysts for challenging oppressive systems and fostering empathy and solidarity among disparate communities. From the Harlem Renaissance to the feminist art movement, art has played a pivotal role in amplifying marginalised voices and advocating for justice and equality. In conclusion, this paper underscores the indispensable role of art, literature, and music as vehicles for introspection, empathy, and social transformation. By delving into the untold realities of modern existence and celebrating the resilience of the human spirit, it endeavours to inspire readers to engage more deeply with the profound insights and revelations that artistic expression has to offer. Ultimately, it is through the exploration of our shared humanity and the cultivation of empathy and understanding that we can forge a path towards a more compassionate and equitable world.

**Key Words:** Realities, untold, disillusionment, Artistic expression

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## 1. Introduction

In the realm of creative expression, the journey into the heart of modern existence is akin to embarking on a profound odyssey through the landscapes of the human psyche. It is a voyage that transcends the superficial layers of societal norms and expectations, delving deep into the recesses of the human soul to unearth the hidden truths and complexities that define our existence. As we peel back the layers of

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preteens and facade, we are confronted with a rich tapestry of emotions, experiences, and dilemmas that shape the very essence of what it means to be human.

At its core, creative expression serves as a powerful conduit for the exploration and articulation of these untold realities. Through various mediums such as art, literature, music, and film, we are able to engage with and make sense of the world around us, shedding light on aspects of our existence that may otherwise remain obscured. It is through the lens of creativity that we are able to navigate the labyrinth of human experience, uncovering profound insights and revelations along the way.

Yet, within this vast expanse of human consciousness, lies a profound sense of vulnerability—a raw and unfiltered honesty that exposes the fragility of our existence. It is this vulnerability that serves as both a catalyst for creative expression and a testament to the inherent courage of the human spirit. For it is only by embracing our vulnerability that we are able to tap into the depths of our creativity, channelling our innermost thoughts, feelings, and experiences into works of art that resonate with others on a deeply profound level.

Indeed, the exploration of modern existence through the lens of creative expression is not merely an intellectual exercise, but a deeply personal and introspective journey. It is a journey that requires us to confront our own fears, insecurities, and uncertainties head-on, bravely venturing into the unknown in search of meaning and purpose. In doing so, we open ourselves up to a world of infinite possibilities, where the boundaries between reality and imagination blur, and the true nature of our existence is laid bare for all to see.

As we navigate this complex tapestry of human experience, we are confronted with a myriad of emotions and contradictions that challenge our perceptions of self and others. We are forced to confront uncomfortable truths and grapple with existential questions that have no easy answers. Yet, it is through this process of grappling with the complexities of our existence that we are able to cultivate a deeper sense of empathy, compassion, and understanding for ourselves and those around us.

In essence, the exploration of modern existence through the lens of creative expression is a deeply transformative and enlightening experience. It is a journey that invites us to embrace the full spectrum of human emotion, from the depths of despair to the heights of ecstasy, and everything in between. It is a journey that celebrates the richness and diversity of the human experience, inviting us to explore the infinite possibilities that lie within the recesses of our own minds and hearts.

In conclusion, the exploration of modern existence through creative expression is a testament to the resilience and creativity of the human spirit. It is a journey that challenges us to confront our own vulnerability and embrace the complexities of our existence with courage and conviction. Through the power of creativity, we are able to uncover the untold realities of modern existence, weaving them into the fabric of our own lives and sharing them with the world in all their raw and unfiltered beauty.

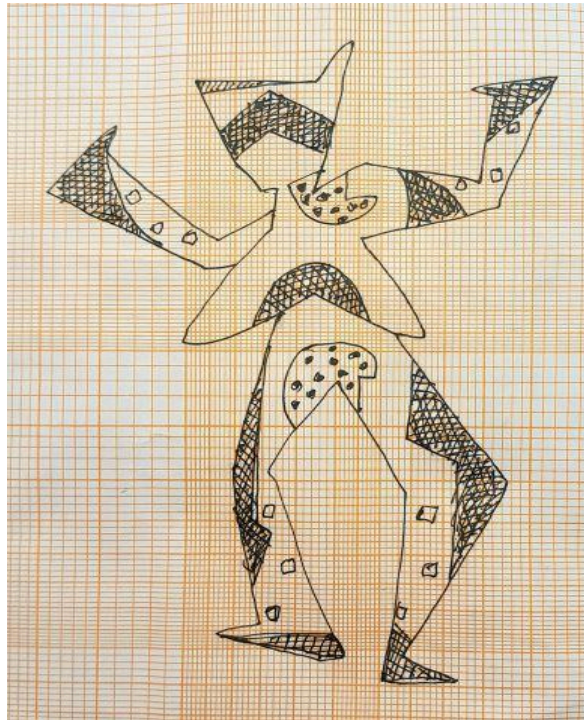


Figure 1 The Untold Reality 1 .Pen and ink on graph paper.2024

## 2. The Disparity between Appearance and Reality

At the heart of human existence lies the intricate interplay between what meets the eye and what resides within the depths of our souls. This exploration delves into the profound contrast between the external veneer we present to the world and the complex tapestry of emotions, struggles, and desires that weave the fabric of our innermost being. In an era characterised by the pervasive influence of social media, where carefully crafted personas reign supreme and the relentless pursuit of societal approval dictates our every move, the chasm between appearance and reality widens to staggering proportions.

The omnipresence of social media platforms has ushered in an era of hyper connectivity, where individuals meticulously curate their online personas to project an image of unblemished perfection. Filters, edits, and carefully selected snapshots serve as the building blocks of this constructed reality, obscuring the raw authenticity of human experience beneath layers of artifice. In this digital age, where validation is measured in likes, comments, and shares, the pressure to maintain an illusion of flawlessness becomes an ever-present burden, exacerbating the dissonance between the image we portray and the truth that lies beneath.

Yet, beneath the polished facade of curated perfection lies a tumultuous landscape of human emotion, where doubt, insecurity, and longing lurk in the shadows. Behind the veneer of success and happiness, a silent battle rages on—a battle against the relentless tide of self-doubt, the gnawing ache of unfulfilled dreams, and the relentless pursuit of an unattainable ideal. It's a paradoxical dance between

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perception and truth, where the mask we wear to the world serves as a shield against the prying eyes of judgment, concealing the vulnerabilities that lie dormant within.

Moreover, societal norms and expectations further compound the disparity between appearance and reality, imposing a rigid framework of conformity upon the individual psyche. From a young age, we are indoctrinated into a culture that values superficiality over substance, conformity over individuality, perpetuating a cycle of self-suppression that stifles the authentic expression of our true selves. The pressure to conform to arbitrary standards of beauty, success, and happiness forces us into a perpetual state of performance, where we are forced to don masks of conformity to navigate the intricacies of social interaction.

Yet, amidst the cacophony of societal expectations and self-imposed facades, there exists a longing for genuine connection, a yearning to peel back the layers of artifice and reveal the raw, unvarnished truth of our humanity. It is in these moments of vulnerability that true authenticity blossoms, forging genuine connections that transcend the superficialities of curated personas. For it is only when we embrace the complexity of our own humanity, with all its flaws and imperfections, that we can truly connect with others on a deeper level.

In conclusion, the disparity between appearance and reality serves as a poignant reminder of the fragility of the human condition, highlighting the inherent tension between the external facades we present to the world and the tumultuous storms that rage within. In a world where social media perpetuates curated personas and societal norms dictate conformity, it is imperative that we strive to cultivate a culture of authenticity and vulnerability, where genuine connection can flourish amidst the sea of superficiality. For it is only when we have the courage to peel back the layers of artifice and reveal our true selves that we can truly embrace the richness and complexity of the human experience. The template is used to format your paper and style the text. All margins, column widths, line spaces, and text fonts are prescribed; please do not alter them. Please do not revise any of the current designations.

### **3. Literature Review**

I have reviewed "The Destiny of an African Boy - An Untold Reality" by Joseph Chitanta and "Trauma of Kashmir: The Untold Reality" by Omkar A. Razdan. While these books offer valuable insights into their respective subjects, my research paper differs significantly in scope and methodology. My work is grounded in original research and theoretical frameworks, focusing on fundamental academic analysis. Unlike the narratives and personal experiences emphasized in these books, my paper aims to provide a unique perspective through rigorous academic inquiry, contributing to the field without overlapping with the personal accounts and stories these authors explore.

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#### **4. Objective**

Using pen and ink on graph paper, I explore the inner struggles and complexities of modern life. My work contrasts glossy external appearances with the often hidden pain, frustration, depression, and agony within. This profound theme resonates deeply, capturing the universal human experience

#### **5. Methodology**

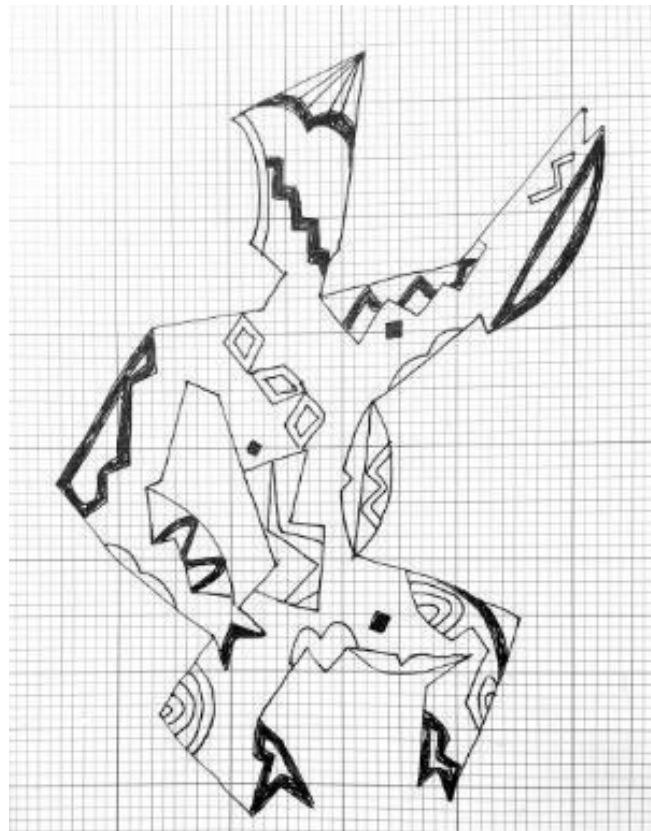
On the basis of some literature review an idea came to my mind that an artistic drawing can be done on simple graph paper to express the real- life emotional state of the human mind. Then, I utilized pen and ink on graph paper to clearly convey my ideas. The structured grid of the graph paper provided a precise framework, enhancing the clarity and accuracy of my illustrations. This approach allowed me to present my points with visual support, making the concepts easier to understand. The drawings are made individually and fundamentally and no direct help of any reference drawing has been utilized.

#### **6. The Landscape of Pain and Disillusionment**

In the vast expanse of contemporary existence, the tapestry of human experience is woven with threads of anguish, disappointment, and disenchantment. The relentless quest for material prosperity and validation from society frequently results in an insatiable void that consumes the essence of one's being. The weight of societal norms and the relentless demands of conformity can stifle the expression of individuality, ensnaring individuals in a labyrinth of societal expectations and self-questioning. Within this panorama of dashed hopes and fractured perceptions, the human psyche grapples with the profound challenge of discovering significance and direction amid the tumultuous currents of existence.

At the heart of this landscape lies the pervasive sense of disconnection—a disconnection from oneself, from others, and from the deeper truths that imbue life with meaning. The pursuit of external markers of success often obscures the deeper yearnings of the soul, leaving individuals adrift in a sea of superficiality and alienation. The relentless pursuit of material possessions and social status serves as a poor substitute for the fulfilment that arises from authentic connection and self-realisation.

Moreover, the relentless pressure to conform to societal expectations erects barriers to genuine self-expression and creativity. The fear of rejection and the desire for approval compel individuals to suppress their true selves, leading to a pervasive sense of inauthenticity and inner discord. The relentless pursuit of external validation becomes a Faustian bargain, wherein individuals sacrifice their autonomy and integrity on the altar of societal acceptance.



The Untold Reality 2 Pen and ink on graph paper 2024

In this landscape of broken dreams and shattered illusions, the human spirit yearns for a deeper sense of purpose and belonging. Yet, amidst the cacophony of competing voices and conflicting messages, the path to self-discovery remains elusive. The journey inward requires courage and perseverance, as individuals confront the shadows that lurk within their own psyches and navigate the labyrinth of their deepest fears and desires.

Yet, amidst the darkness, glimmers of hope emerge—moments of clarity and insight that illuminate the path forward. Through acts of self-reflection and introspection, individuals begin to discern the contours of their own truth, reclaiming agency over their lives and forging a path of authenticity and integrity. In embracing the full spectrum of their humanity—their flaws, vulnerabilities, and aspirations—individuals discover a newfound sense of wholeness and connection.

In this landscape of pain and disillusionment, the seeds of transformation are sown. Each moment of despair becomes an opportunity for growth, each setback a catalyst for resilience. As individuals awaken to the power of their own agency, they become architects of their own destiny, charting a course that is aligned with their deepest values and aspirations.

Ultimately, amidst the chaos and confusion of modern life, the human spirit endures. In the face of adversity and uncertainty, individuals find strength in their capacity for resilience and renewal. It is

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through embracing the full spectrum of human experience—the pain and the joy, the disillusionment and the hope—that individuals discover the profound beauty and richness of life itself.

The Silent Companions: Depression, Anxiety, and Existential Angst:

Depression, anxiety, and existential angst often lurk in the shadows of our minds, silent yet ever-present companions on the journey of life. They are the whispering voices that sow seeds of doubt, the heavy chains that bind our spirits, and the dark clouds that obscure the sunlight of hope. In the labyrinth of existence, where each turn presents new challenges and uncertainties, these companions can feel like ominous spectres haunting every step we take.

At the heart of depression lies a profound sense of sadness and emptiness, like a gaping void within the soul that no amount of external validation or success can fill. It is a weight that presses down on the chest, making each breath a struggle, each movement an effort. Depression robs us of vitality, draining the colours from our world and leaving everything in shades of grey. It whispers lies of worthlessness and self-doubt, convincing us that we are undeserving of love, happiness, or fulfilment.

Anxiety, on the other hand, is the constant thrum of apprehension that pulses beneath the surface of our consciousness. It is the racing heart, the clammy palms, and the knot in the stomach that accompany every decision, every interaction, every moment of uncertainty. Anxiety feeds on fear, amplifying every imagined worst-case scenario until it looms larger than life itself. It is the relentless voice that whispers, "What if?" and "But what about?" until we are paralyzed by indecision and doubt.

Existential angst is perhaps the most elusive of the three, lurking in the shadows of our deepest existential questions. It is the nagging sense of unease that arises when we confront the vastness of the universe and the brevity of our own existence. It is the realisation that life is inherently uncertain, that we are but fleeting specks in the cosmic expanse, adrift in a sea of infinite possibilities. Existential angst challenges us to find meaning and purpose in a world that often seems indifferent to our struggles and aspirations.

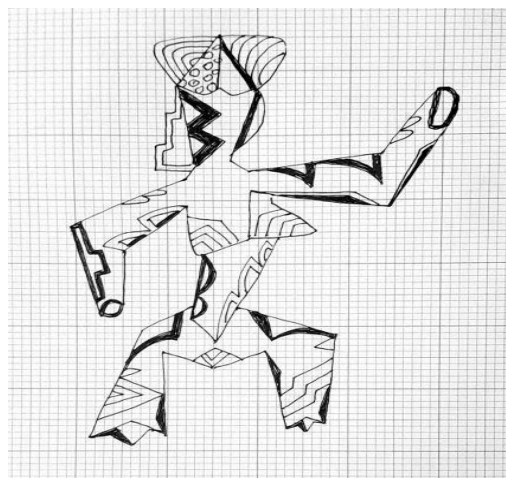
Together, these silent companions form a tangled web of emotional distress that can feel impossible to escape. The weight of expectations, whether self-imposed or imposed by others, only serves to exacerbate our suffering. The fear of failure looms large, casting a long shadow over our ambitions and dreams. In a society that values success above all else, the pressure to excel can feel suffocating, leaving us gasping for air in a sea of unattainable standards.

And yet, amid the darkness, there are moments of light. Moments of connection, of kindness, of beauty that pierce through the veil of despair and remind us that we are not alone. There is solace to be found in the embrace of loved ones, in the beauty of nature, in the pursuit of passions and interests that ignite our souls. These moments may be fleeting, but they are also precious, serving as beacons of hope in an otherwise bleak landscape.

The quest for happiness, elusive though it may be, is not an impossible one. It requires courage, resilience, and a willingness to confront the demons that dwell within us. It requires us to challenge

the negative thought patterns that keep us trapped in cycles of despair, to cultivate self-compassion and forgiveness, and to embrace the messy, imperfect beauty of being human.

In the end, perhaps the greatest gift we can give ourselves is the permission to simply be – to acknowledge our struggles and imperfections, but also to celebrate our resilience and capacity for growth. Depression, anxiety, and existential angst may be silent companions on our journey, but they do not define us. We are more than the sum of our fears and insecurities. We are beings of light and darkness, of joy and sorrow, navigating the labyrinth of existence with courage and grace. And in that journey, we may just find that the most profound truths are discovered not in the destination, but in the journey itself.



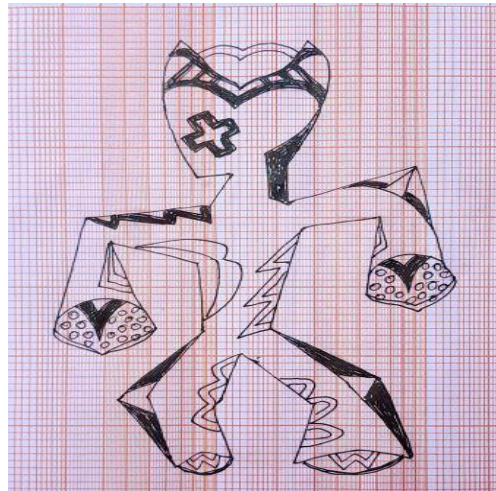
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## 7. Resilience, Courage, and Hope

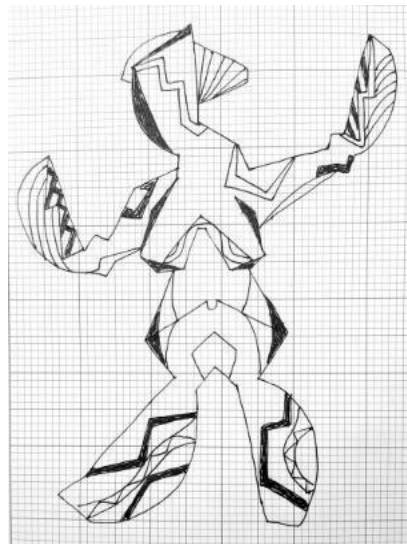
Resilience, courage, and hope are not mere abstract concepts but fundamental aspects of the human experience, especially in times of adversity. When faced with challenges that seem insurmountable, it's easy to succumb to despair and hopelessness. However, it is precisely during these dark moments that the true strength of the human spirit shines through.

Resilience, the ability to bounce back from adversity, is a remarkable trait inherent in all human beings. Even when life presents its toughest challenges, individuals often find within themselves the resilience to persevere and overcome. This resilience is not just about surviving; it's about thriving in the face of adversity, emerging from difficult circumstances stronger and more resilient than before. It's about finding the inner strength to keep going, even when the path ahead seems uncertain and fraught with obstacles.



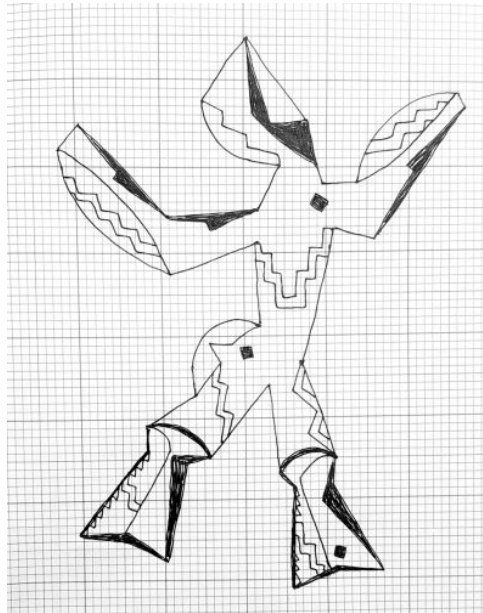


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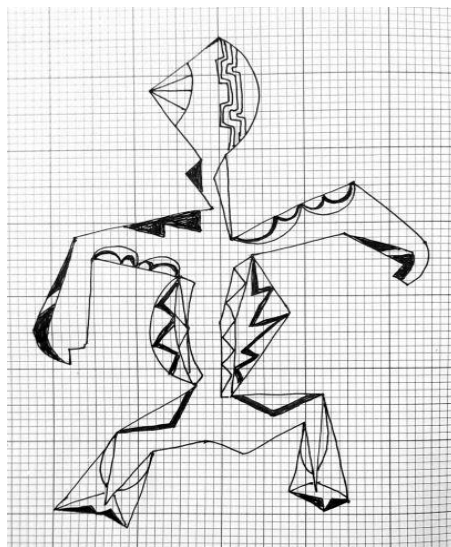
The Untold Reality 5 Pen and ink on graph paper 2024

Courage is another essential quality that emerges in times of adversity. It takes courage to confront one's fears and uncertainties, to stand tall in the face of adversity, and to keep moving forward despite the odds. Courage is not the absence of fear but the willingness to act in spite of it, to face challenges head-on with determination and resolve. It is the courage to believe in oneself, to trust in one's abilities, and to keep pushing forward, even when the future seems bleak.



The Untold Reality 6 Pen and ink on graph paper 2024

And then there is hope, the light that shines in the darkness, guiding us through the toughest of times. Hope is the belief that things can get better, that there is always a glimmer of light at the end of the tunnel, no matter how dark things may seem. It is hope that keeps us going when all seems lost, that inspires us to keep striving for a better future, even when the present is filled with uncertainty and doubt. Hope is the fuel that propels us forward, giving us the strength and motivation to persevere even in the face of seemingly insurmountable challenges.



The Untold Reality 7 Pen and ink on graph paper 2024

Together, resilience, courage, and hope form a powerful triumvirate that sustains us through life's toughest trials and tribulations. They are the pillars upon which we build our resilience in the face of adversity, the guiding lights that lead us through the darkest of times. Without resilience, we would crumble under the weight of life's challenges. Without courage, we would falter in the face of adversity, paralyzed by fear and uncertainty. And without hope, we would lose sight of the possibility of a better tomorrow, resigning ourselves to despair and defeat.

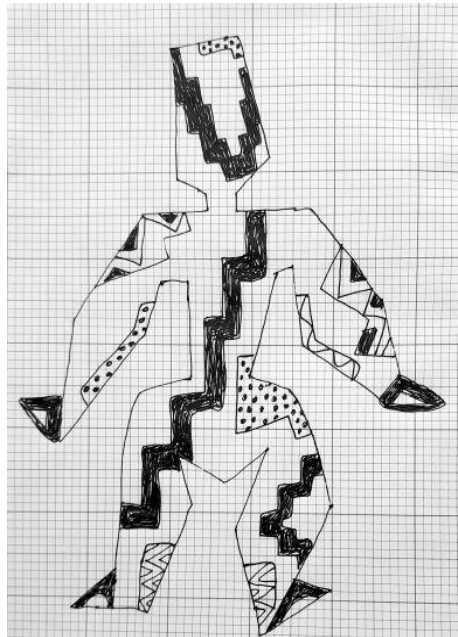


The Untold Reality 8 Pen and ink on graph paper 2024

But even in the depths of despair, these qualities shine through, reminding us of the indomitable spirit of the human soul. They are the sparks of light that pierce through the darkness, illuminating the path forward and giving us the strength to keep going, one step at a time. They are the reminders that, no matter how tough things may seem, there is always hope for a brighter tomorrow, if only we have the courage to believe in it.

Throughout history, countless individuals have demonstrated the power of resilience, courage, and hope in the face of adversity. From the survivors of natural disasters to those who have overcome personal tragedies and hardships, their stories serve as beacons of inspiration, reminding us of the strength of the human spirit and the power of hope.

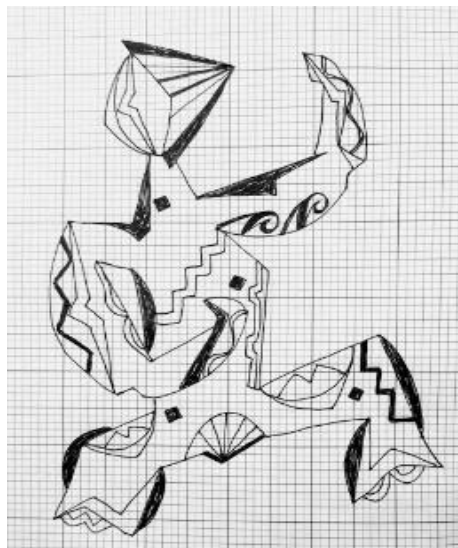
In conclusion, resilience, courage, and hope are not just abstract concepts but essential qualities that define the human experience. They are the bedrock upon which we build our resilience in the face of adversity, the guiding lights that lead us through the darkest of times. And in a world filled with uncertainty and challenges, they are the beacons of hope that remind us that, no matter how tough things may seem, there is always hope for a better tomorrow.



The Untold Reality 9 Pen and ink on graph paper 2024

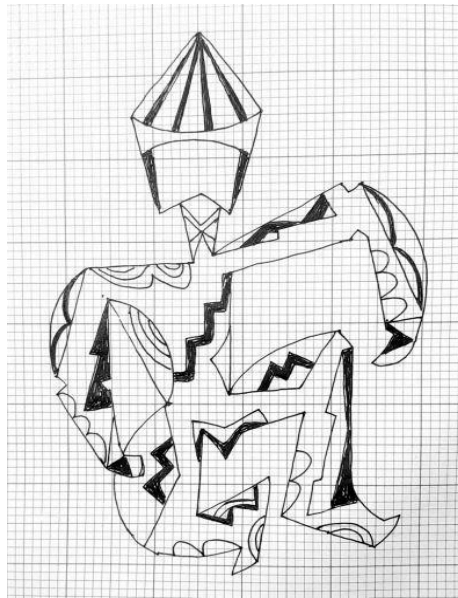
### 8. Art as a Medium of Expression and Validation

Art, in its myriad forms, serves as a profound medium of expression and validation for the human experience. It transcends the boundaries of language and logic, delving into the depths of emotion and thought. Through mediums such as visual arts, literature, and music, untold realities find their voice, resonating with audiences on a deeply personal level.



The Untold Reality 10 Pen and ink on graph paper 2024

Visual arts, encompassing painting, sculpture, photography, and more, offer a tangible representation of the artist's inner world. Each brushstroke, chisel mark, or captured moment communicates layers of meaning and emotion. Whether it's the haunting beauty of a Dali painting or the raw emotion captured in a photograph by Dorothea Lange, visual art allows for a direct connection between creator and observer. Viewers often find themselves drawn into the narrative of the artwork, finding solace or inspiration in its depths.



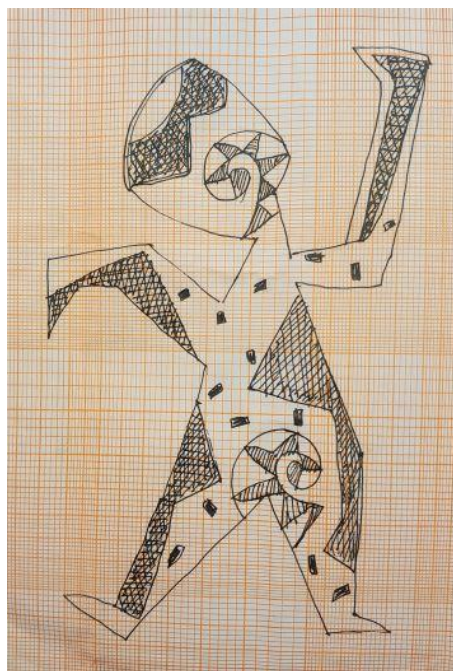
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Literature, too, holds a powerful sway over the human psyche. Through the written word, author's craft worlds, characters, and stories that resonate with readers across time and space. Novels, poems, and essays become vessels for exploring the complexities of the human condition, offering insights into love, loss, joy, and despair. In the shared experience of reading, individuals find validation in their own experiences, knowing that others have traversed similar paths and emerged stronger for it. Music, perhaps more than any other art form, has the ability to evoke profound emotional responses. From the haunting strains of a violin solo to the pulsating rhythm of a rock anthem, music speaks to something deep within us all. It has the power to transport us to another time and place, to stir memories long forgotten or emotions buried beneath the surface. In the communal experience of listening to music, whether at a concert or alone in our bedrooms, we find validation in the shared expression of our innermost thoughts and feelings.

Creativity, in all its forms, serves as a cathartic outlet for the human soul. It allows us to make sense of the chaos and confusion of life, to find beauty in the mundane and meaning in the seemingly meaningless. Through art, we are able to transcend our individual experiences and connect with something larger than ourselves. We find solace in the knowledge that we are not alone in our struggles, that our pain is part of a larger tapestry of human experience.

Moreover, art serves as a mirror to society, reflecting its triumphs and tragedies, its hopes and fears. Artists have long been at the forefront of social and political change, using their creative talents to challenge the status quo and inspire others to action. From the revolutionary works of Picasso to the protest songs of Bob Dylan, art has been a driving force for progress and justice throughout history.

In conclusion, art is much more than just a means of expression; it is a validation of our shared humanity. Through the lens of creativity, we are able to explore the depths of our own souls and connect with others in profound and meaningful ways. In a world often fraught with division and discord, art has the power to unite us, reminding us of our common bonds and shared experiences. It is a testament to the resilience of the human spirit, a beacon of hope in even the darkest of times.



The Untold Reality 12 Pen and ink on graph paper 2024

## 9. Conclusion

In conclusion, delving into the unexplored territories of existence constitutes a profound odyssey into the intricacies of the human mind, where superficial facades surrender to intrinsic veracities. This expedition serves as a testament to the indomitable fortitude inherent within the human soul, celebrating the allure of imperfection while extolling the virtues of empathy and comprehension. By illuminating the enigmatic recesses of our being, we pave the way toward catharsis, metamorphosis, and absolution.

The quest to unravel the mysteries of untold realities represents a daring plunge into the abyss of human consciousness, where perceptions are challenged, and truths are laid bare. It is a journey fraught with uncertainty, yet brimming with the promise of enlightenment and self-discovery. As we navigate the

labyrinthine corridors of our innermost thoughts and emotions, we confront the shadows that dwell within us, confronting our fears and insecurities with unwavering resolve.

Moreover, the exploration of untold realities underscores the inherent resilience of the human spirit, demonstrating our capacity to endure adversity and emerge stronger and more enlightened. It is through our struggles and tribulations that we forge the steel of our character, transcending the limitations imposed upon us by external circumstances. In the crucible of hardship, we discover the latent potential that lies dormant within us, harnessing it to overcome seemingly insurmountable obstacles and chart a course towards personal growth and fulfilment.

Furthermore, the journey into uncharted territories serves as a poignant reminder of the intrinsic beauty of imperfection, celebrating the flaws and idiosyncrasies that make us uniquely human. In a world obsessed with perfection and conformity, it is often our imperfections that define us, imbuing our lives with depth, complexity, and authenticity. By embracing our imperfections, we affirm our humanity, rejecting the superficial standards imposed upon us by society in favour of a more genuine and compassionate existence.

Equally significant is the role of empathy and understanding in the exploration of untold realities, as we endeavour to connect with the experiences and perspectives of others with sincerity and compassion. Empathy enables us to transcend the boundaries of our own ego, fostering a sense of solidarity and kinship with our fellow human beings.

It is through empathy that we are able to bridge the divide between us, fostering a sense of unity and mutual respect that transcends cultural, social, and ideological differences.

Moreover, the illumination of the shadows that lurk within us serves as a catalyst for healing, transformation, and redemption, as we confront our inner demons with courage and humility. By acknowledging and embracing our darkest impulses and desires, we free ourselves from their grip, reclaiming agency over our lives and charting a course towards personal liberation and enlightenment. It is through the process of introspection and self-reflection that we are able to transcend the limitations of our past and embrace the boundless possibilities of the present moment.

In conclusion, the exploration of untold realities is a profound journey into the depths of the human psyche, where external appearances give way to eternal truths. It is a testament to the resilience of the human spirit, the beauty of imperfection, and the power of empathy and understanding. In shining a light on the shadows that lurk within, we illuminate the path towards healing, transformation, and redemption, forging a brighter and more enlightened future for ourselves and generations to come.

### References

**Pyne, Ganesh.** A masterpiece of Untitled Drawing " , pen and ink on graph paper, 1991, Delhi Art Gallery.

Renowned artist Ganesh Pyne, though an inspiration, pursued his craft on graph paper, whereas my artistic journey diverges significantly. My unique approach revolves around human figurative elements, distinguished by a personalised style. One hallmark of my work is the utilisation of double perspective,

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a technique I've innovated to add depth and complexity to my drawings. While Pyne's legacy looms large in the art world, my oeuvre stands as a testament to the evolution and individuality of artistic expression. Through exploration and experimentation, I carve out my niche, weaving together influences and innovations to create a body of work that is distinctly my own.

### **Rajarshi Chattopadhyay**

Rajarshi Chattopadhyay, a graduate of Government College of Art and Craft, Kolkata, in 1996, has evolved his artistic journey from a focus on nature to figurative and contemporary themes with a touch of fantasy. His two-dimensional creations feature unique surfaces with double perspectives, reflecting his distinctive style. Rajarshi's art emanates poetic, sensitive, and soothing qualities, exploring introspection and romance within the realm of contemporary conceptualism. He skilfully utilises mediums to complement his creative expressions, often experimenting with black and colourful overtones in series. His visual narrative tackles the rift between society and globalisation, offering a unique and unusual perspective. Beyond painting, Rajarshi is a storyteller in both print and digital media, with works featured in various publications and platforms.

Notable participations include exhibitions at international art fairs and shows, such as Sultan Mela 2020 and 2023 in Bangladesh, the Indo-UK Autumn Festival 2023 in London held at Nehru Centre London and Bharatiya Vidya Bhavan. His contributions have also been recognized by renowned art journals like "ARTIFACT" from Arts Acre Foundation, Kolkata. He participated in the International show at Mithila Jyin Art Gallery, Kathmandu, Nepal, in July 2022, supported by the G. P. Koirala Foundation.